

Early Support including Children's Centres in Portsmouth Immunisation and Vaccination Programmes and Health Inequalities

Health Overview and Scrutiny Panel

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Healthy Child Programme

- Early Intervention and Prevention public health programme is the framework for universal services to children and families and provides opportunity to identify and support families where the children are at risk of poor outcomes.
- Led by Health Visitors.
- Delivered through integrated services.
- Community based in Children's Centres

IMMUNISATIONS

Data: Pre-School booster meningitis and pneumonia
2009-10 rates 82%, herd immunity at 95%

Current Provision

- Promotional Literature in Children's Centres
- Child health clinics promote immunisations & vacs
- First time mums' group promote immunisations & vacs
- Health Visitor contact promotes immunisations & vacs

Developments

- Children's Centre & GP's engagement to provide targeted immunisation & vacs campaigns in community settings
- Further promotional campaigns via IT mediums

HEALTHY WEIGHT

Portsmouth Obesity rates: Year R 2009-10 12% compared to the national average of 9.8%

Current Provision

- Breast feeding support through feeding groups, peer supporters and information
- Food and health project workers
- Targeted and universal weaning, healthy eating and cooking on a budget provision
- Physical activity for children and families
- Outside play areas in Children's Centres and Pre-Schools
- Healthy Pre-School Challenge

Targeted support

- Safeguarding involvement
- Meet a midwife local drop ins in deprived areas.
- Children's centre based parentcraft sessions.
- Teenage antenatal and postnatal support
- Enhanced Health Visiting service to Hostels & Refuges
- Parenting education and support
- Home Start Mum's Matter support (mental health support)
- Speech and language provision for children at risk of poor outcomes
- Respite childcare
- Infant mental health – Little Minds Matter
- Outreach to facilitate vulnerable groups to access other services
- Taxi scheme to enable attendance at hospital appointments

Universal Support

- Child Health Clinics
- First Time Mums group
- Speech & Language groups
- Nursery Nurse time within Health Visiting Service
- ROSPA Home Check
- Tooth Brushing Campaign
- Parent Power
- Accident Prevention
- Health Promotion

ANY QUESTIONS

